

Life Group Spring 2024 – Week 4

Series: Built to Build

Sermon: How to build Yourself

Main Scripture: Jude 1:20-21; Ephesians 6:11-18; Mark 3:21; Romans 10:17; 1 Peter 4:8; 1 John 1:7; Hebrews 4: 12-13; Proverbs 27:6

Date: 03/03/2024

1. Ice breaker/Share Have you ever broken a bone?

2. Sermon review: What's one thing you remember about the message?

3. Digging Deeper:

- Pastor Alex asked: How can you build something for the glory of God if you're broken? Have you ever felt broken? How effective were you in building your life? Did you enjoy it?
- Every believer is responsible to build themselves in the most holy faith. Read Jude 1:20, 2. How do you personally navigate the tension between feeling broken or inadequate and the call to 'build yourselves up in your most holy faith? Can you share a specific experience where you felt challenged to strengthen your faith despite feeling broken? How did prayer in the Holy Spirit play a role in that process for you?
- Pastor Alex listed 5 ways we can build ourselves up:
 1. Build your faith. Read Romans 10:17. Why hearing? Does it mean actual sense of hearing? How does the concept of faith coming from hearing align with the idea of faith being a gift from God (Ephesians 2:8-9)?
 2. Build your fellowship, we build ourselves by joining community of faith – a church. 1 John 1:7. Pastor said: "One of the worst things, a believer can do is isolate themselves from community of faith. The second worst thing you can do is take advice or console from ungodly." What role does fellowship play in building oneself up spiritually? Have you ever been tempted to isolate yourself from the church?
 3. Build your confidence. Encourage yourself in the Lord. Speak Bible verses over your life. Ephesians 6:11–18, 1John 1:7 Share your favorite Bible verse(s). Can you testify from personal experience, that the Word of God has power?
 4. Build your prayer life, praying and worshiping in the spirit. What's the difference between praying and praying in the spirit? (Look up scriptures about praying in the Spirit)
 5. Build your love. 1 Peter 4:8 How can one actively work on building love, as recommended in 1 Peter 4:8? How does loving others affect our ability to build?

5. Taking it home: Are you OK? Would you know if you're not? Are you good at building yourself up? What can you do this week to get better?

6. Prayer:

 Do you have any prayer Requests? Pray for Each other.

7. Upcoming Events:

- ❖ *Worship Night March 6*
- ❖ *Movie Showing: A letter to the American Church. Wed. March 13, 7pm*
- ❖ *Jesus walk (evangelistically themed outreach opportunity) Saturday March 23, 11:30 am*
- ❖ *Good Friday Service March 29, 7pm*
- ❖ *Z-8 worship Sat. April 6, 7-9pm.*