

WINTER 2021 Life Group – Week 1

Series: The Naked Truth

Sermon: The Epidemic of Loneliness

Date: 1/24/2021

1. **Share** You are bored. What's your go to activity?

2. **Sermon Review**

~ What was one thing that you remember / learned from the message?

3. **Digging Deeper:**

~ In your opinion, what's the difference between being alone and being lonely? Which is worse?

~ At you own comfort level, share of a time you felt lonely? Were you alone?

~ Pastor Alex mentioned a few times that loneliness is a feeling. And although feelings are real, they're not always true. **2 Corinthians 5:7 For we live by believing and not by seeing (or feeling).** How does this verse help us deal with loneliness and other emotions?

~ Can you think of any other verses that can help us align our thoughts and emotions with the Truth?

~ One of pastor's points was: God needed you, that's why He created you. What do you think of that idea? Does God really need anything or anyone? Then why create?

Read Genesis 2:18 and 1 Corinthians 7:7,8 How do these verses coexist? What did God want us to get from each passage? (Try reading and comparing different translations)

5. **Taking it home:**

How is your soul? How often do you feel lonely? Is there anyone you need to reconnect with? Is there anyone you wish you had a better connection with? What can you do?

6. **Prayer:**

Does anyone have a prayer request?

Pray for those feeling lonely.

Pray for healing of our country and for wisdom for our leaders.

7. Upcoming Events:

Prayer Night - Wed. Jan 27 @7pm

What's Next Brunch - Sun. Feb.

Young Adults Valentines Dinner - Fri. Jan 12

Valentines Day Special Services - Sun. Feb. 14

Baptisms Sunday - Feb. 28

8 Serving opportunities. Plan a time when you can serve as a group. If needing ideas / suggestions you may contact Ann, our outreach coordinator. 319-270-5615