

FALL 2018 Life Group – Week 1

Series: New You by Sunday Afternoon

Sermon: 5 ways to transform your mind (well, maybe 4)

Date: 10/3/18

FUN

1. Snack and Small Talk

2. Greeting and Intros: Every Member should greet other members.

3. Share: (go around the circle - Everyone should answer)

-Highlight from the summer? Why?

-Would you rather live in the country or a big city? Why?

4. Activity (HAVE FUN): 10 and you're out (or pick your own)

REVIEW

5. Life Group Purpose: Bring people closer to Jesus – connect with others (**FUN and CHALLENGE**)

6. Covenant: Discuss covenant with the group. Encourage people to sign if they're ready to commit. Leaders sign first, then co-leaders, then any others. We NEED to commit to meeting EVERY week.

7. Service Project: Begin to talk about how can you serve the community together as a group.

8. Sermon Review:

For Leaders or Co-Leader: Give 60 second sermon review & then ask these questions

Q1. What was your main takeaway from this week's sermon?

Q2. Pick at least 1 scripture from this week's sermon to read and discuss:

(Luke 12:15, Rom 12:1-2, Heb 4:12, John 17:17, 1 John 1:8-10, Phil 4:8)

Q3. Is there anything from the sermon that you hoped we would talk about tonight?

CHALLENGE

9. Digging Deeper:

What are the 4 WAYS to transform our minds? How will these ways lead us to a happier life?

If our mind takes the path of least resistance, how do we combat it?

10. Application: SPEND 2-3 Minutes silently contemplating the questions below!!

What is God saying to you?

What are you going to do about it?

Who will you stay accountable to?

11. Prayer: (Keep it short)

Does anyone have a prayer request? (*Prayer needs: Group members, spiritual growth, NL Church, leaders, etc...*)

- Pray for the groups cohesiveness and for God to bring people closer to Jesus!!