

# FALL 2019 Life Group - Week 4

**Series: MARRIAGE GOALS**

**Sermon: The Secret of a Great Sex Life.**

**Date: 10/13**

- 1. Activity:** If You Were The Eighth Dwarf, What Would Your Name Be?
- 2. Take a Group/Creative Picture,** post on facebook / social media w/ #ilovemylifegroup and tag New Life
- 3. Share:** Growing up, how did you view the subject of sex? Positive or negative? Was it talked about?

## **4. Dig deeper:**

~ What are the benefits of sex within marriage or consequences of it outside of marriage?

~ **1** You asked me some questions in your letter. This is my answer. It is good if a man does not get married. **2** But because of being tempted to sex sins, each man should get married and have his own wife. Each woman should get married and have her own husband. **3** The husband should please his wife as a husband. The wife should please her husband as a wife. **4** The wife is not the boss of her own body. It belongs to the husband. And in the same way, the husband is not the boss of his own body. It belongs to the wife. **5** Do not keep from each other that which belongs to each other in marriage unless you agree for awhile so you can use your time to pray. Then come together again or the devil will tempt you to do that which you know you should not do. **1 Cor. 7:1-5**

~ Why do you think Paul said “it is good not to get married?”

~ In your opinion, when Paul said that our bodies belong to our spouses, did he take it too far? What does it mean?

**5. Prayer:** What is one thing we can pray for? (everyone share)

## **6. Upcoming events:**

Worship & Communion Night - Nov. 6

Baptisms - Nov. 17