

Winter 2019 Life Group – Week 1

Series: Emotional Intelligence

Sermon: How's your elephant?

Date: 2/13/19

1. **Share:** Hometown. Why are you here? Who is your favorite family member? Why?

2. **Activity** (HAVE FUN): **10 and you're out** (remember, this is to have a little fun)

3. **Life Group Purpose:** ~ Bring people closer to Jesus; ~Grow/Go deeper; ~Connect with others.

4. **Sermon Review:**

For Leaders or Co-Leader: Give 60 second sermon review & then ask these questions:

~ What was one thing from the sermon that you hoped we would talk about tonight?

~ From Your experience, Is it true that we live 95% of our life led by our elephant/on autopilot?
(read) Luke 6:43-45 and Prov. 4:23

~ What are some things that have been programmed in you by your parents/childhood environments? (good or bad)

~ How did it make you feel when Pastor said that all of our hearts are sick and evil? Do you agree? (read)
Jeremiah 17:9,10

~ "Behavior never lies!" Do you agree or disagree with this statement?

5. **Digging Deeper:**

(read) Rom 12:2 What are some practical ways to change the autopilot of our heart?

6. Prayer: Ps 51:10

Does anyone have a prayer request? (*Prayer needs: Group members, spiritual growth, NL Church, leaders, etc...*)

- Pray for the groups cohesiveness and for God to bring people closer to Jesus!!