

Winter 2019 Life Group – Week 2

Series: Emotional Intelligence

Sermon: How to train your ~~dragon~~ elephant?

Date: 02/19

1. Share: What is the most exciting thing in your life right now? Why?

2. Activity : Rock, Paper, Scissors (remember, this is to have a little fun)

3. Take a Group / Creative Picture

4. Sermon Review:

For Leaders or Co-Leader: Give 60 second sermon review & then ask these questions:

~ *Prov. 4:23* In your opinion how do we “guard” our heart?

~ Why do we tend to make big changes instead of small?

“It’s often the small things that no-one sees, that bring big results that everyone wants.”

~ From your experience, did you have lasting success with big changes?

~ New Creation is deposited in our spirit on the day of our salvation. What would it look like to be full of Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self-Control? **2 Peter 1:3**

5. Digging Deeper:

What does your life say about your heart?

Who do you want to be in 10 years? What discipline do you need to start to get there?

6. Prayer: Ps 51:10

Does anyone have a prayer request? (*Prayer needs: Group members, spiritual growth, NL Church, leaders, etc...*) Pray for the groups cohesiveness and for God to bring people closer to Jesus!!