

Winter 2019 Life Group – Week 3

Series: Emotional Intelligence

Sermon: Glitches of the soul

Date: 2/24

1. Share: What is one thing you're grateful for? Why?

2. Activity: Whodunit

Write down something interesting you've done? (e.g. skydiving, have lived in ten different states, drank a gallon of milk in five minutes — the sillier the better).

Put the answers into a "hat", give it a nice shake, and have each person drawn an answer they will then read aloud.

The reader must then try to guess "who done it" and why they came to that conclusion.

3. Take a Group / Creative Picture

4. Sermon Review:

For Leaders or Co-Leader: Give 60 second sermon review & then ask these questions:

~ If we could create a smart watch app to warn us of what's going on in us - What would be some great warnings and what would be the solutions?

~ From your experience, happens when your brain doesn't recognize the warning signs? How does it affect your life?

~ (*read 1 Tim. 4:16*) In your opinion, why is it important to look into / study yourself?

5. Digging Deeper:

1 John 4:18 What does love have to do with lack of fear?

What would life look like if you had no fear?

6. Prayer: Ps 51:10

Does anyone have a prayer request? (*Prayer needs: Group members, spiritual growth, NL Church, leaders, etc...*) Pray for the groups cohesiveness and for God to bring people closer to Jesus!!